

Australasian Delirium Association

**23 October 2017 is**  
**The Delirium Masterclass**  
**with Prof Sharon Inouye**

A one day opportunity for anyone who  
wants to know more about delirium

1<sup>st</sup> Delirium Masterclass

Scientia Building

University of New South Wales

Sydney, Australia



[www.delirium.org.au](http://www.delirium.org.au)

[admin@delirium.org.au](mailto:admin@delirium.org.au)

Register at [www.trybooking.com/270629](http://www.trybooking.com/270629)



## Invited Speakers

### Professor Inouye

Sharon Inouye is the pre-eminent delirium expert in the world. She invented the first diagnostic tool for delirium, the CAM, and the first multicomponent intervention for delirium, HELP.

Dr Inouye's research focuses on delirium and functional decline in hospitalized older patients, resulting in more than 200 peer-reviewed original articles to date. She is the overall principal investigator of the Successful Aging after Elective Surgery (SAGES) study, an \$11 million Program Project on delirium funded by the National Institute on Aging, as well as 5 other active research projects.



Dr Inouye developed and validated the Confusion Assessment Method (CAM), the most widely-used instrument for the identification of delirium. She conceptualized the multifactorial model for delirium, which focuses on identification of predisposing and precipitating factors for delirium. Her work involves translating theories of clinical investigation into practical applications that directly improve the quality of life for older adults.

She developed the Hospital Elder Life Program (HELP), a multicomponent intervention strategy designed to prevent delirium by targeting six delirium risk factors. HELP was successful in reducing delirium by 40 percent and was published in a landmark study in the New England Journal of Medicine. This study was the first to show that a substantial proportion of delirium is preventable. Additionally, HELP has been shown to reduce falls, functional decline, and hospital costs, and to improve patient, family, and nursing satisfaction. The HELP program has been adopted by over 200 hospitals worldwide.

### Professor Agar

Meera Agar is the Professor of Palliative Medicine, Faculty of Health, Centre for Cardiovascular and Chronic Care, University of Technology Sydney and Conjoint Associate Professor UNSW. She is the clinical trials director, Ingham Institute for Applied Medical Research. Her research includes clinical trials and health service evaluation in palliative care, and cognitive impairment in delirium, dementia and brain tumours.



### A/Prof Teodorczuk

Andrew Teodorczuk is an Associate Professor at Griffith University and an Old Age Psychiatrist. His Doctorate explored learning needs in delirium care, and he continues to research models of delirium education and has developed effective Interprofessional Education Courses to improve staff delirium practice. He is also a board member on the European Delirium Association and Australasian Delirium Society.



### Dr Britton

Mary Britton trained in Glasgow and London as a General Physician and Geriatrician. Since 2009 she has worked as a Geriatrician at Austin Health in Melbourne. She runs an Acute Aged Care ward and daily has the need to assist patients at risk of Delirium. She is one of the founding members of The Australasian Delirium Association



### Mr Morton

John Morton is one of the most experienced public relations consultants in Australia. He is a dynamic strategist, thrives on communications challenges and possesses a deep understanding of the healthcare sector. Since forming Ethical Strategies ten years ago, John has consulted to a range of pharmaceutical, biotechnology and medical device companies, as well as professional associations and patient advocacy organisation. Prior to forming Ethical Strategies John managed the largest public relations consultancy in Australia.



### Ms Ehms

Salle-Ann Ehms RN is the ReViVe Coordinator at Prince of Wales Hospital, a program based on the HELP model. With a background in aged care nursing and education Salle-Ann has had stewardship of the program for 13 years.



### Ms Cumming

Anne Cumming is Principal Advisor, Cognitive Impairment with the Australian Commission on Safety and Quality in Health Care. Over the past four years Anne has been working on raising awareness of cognitive impairment as a quality and safety issues in Australian hospitals.



### A/Prof Caplan

Gideon Caplan is Director of Post Acute Care Services and Director of Geriatric Medicine at Prince of Wales Hospital. His primary research interest is delirium pathophysiology, and he is President of the Australasian Delirium Association.



Sponsored by

**AUSTRALIAN COMMISSION**  
**ON SAFETY AND QUALITY IN HEALTH CARE**

**MASTERCLASS 2017      Program**

	<b>Monday 23 October 2017</b>	
09:00	Welcome	
09:10	Keynote: Prof Sharon Inouye, Harvard “The Epidemiology of Delirium: Occurrence, Risk Factors, and Outcomes”	
10:00	Plenary : Prof Meera Agar, UTS Sydney “Antipsychotics for delirium on trial”	
10:40	Morning Tea	
11:10	Plenary: A/Prof Andrew Teodorczuk, Griffith University “Improving delirium education”	
11.50	Plenary: A/Prof Gideon Caplan, Prince of Wales Hospital “Delirium pathophysiology: how sweet it is!”	
12:30	Lunch	
14:00	Workshops 1. Caring for Cognitive Impairment - Implementing ‘A Better Way to Care for People with Delirium in Hospitals’ – Anne Cumming 3. Awareness, Understanding and Action: The Public Relations Opportunity – John Morton 3. Maintaining sustainability in a volunteer program – Salle Ann Ehms 4. Implementation of delirium strategies - Dr Mary Britton	
15:30	Afternoon Tea	
16:00	Prof Sharon Inouye “Delirium: prevention and treatment”	
17:00	Close	

## ***Catering***

Catering will be provided, including morning tea, lunch and afternoon tea. Upon registration, please also indicate any special dietary requirements.

## ***Cancellation policy***

If you are unable to attend the event, please advise us via email [admin@delirium.org.au](mailto:admin@delirium.org.au) at least 2 weeks in advance, otherwise the registration fee will not be refundable.

## ***Conference Venue***

The Delirium Masterclass 2017 will be held at the Scientia Building, University of New South Wales.

## ***Cost***

Full conference \$250.00

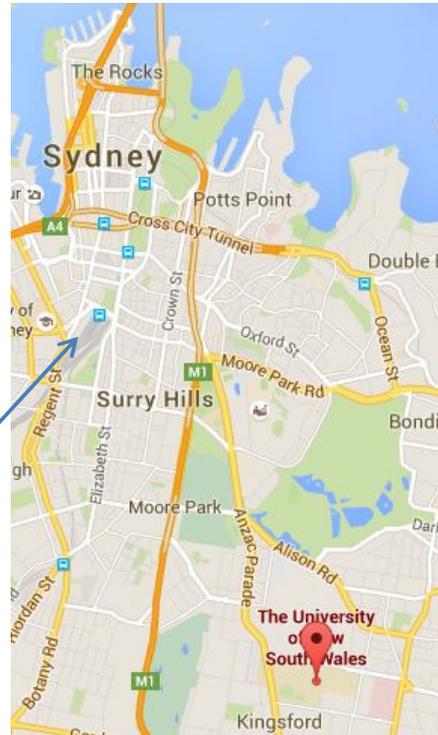
Register at [www.trybooking.com/270629](http://www.trybooking.com/270629)

## ***Public Transport***

There are buses from the City and Central Railway to UNSW at Anzac Parade, including the M50 which stops on High Street.

The 400 bus goes from the Airport and Bondi Junction and stops on High Street.

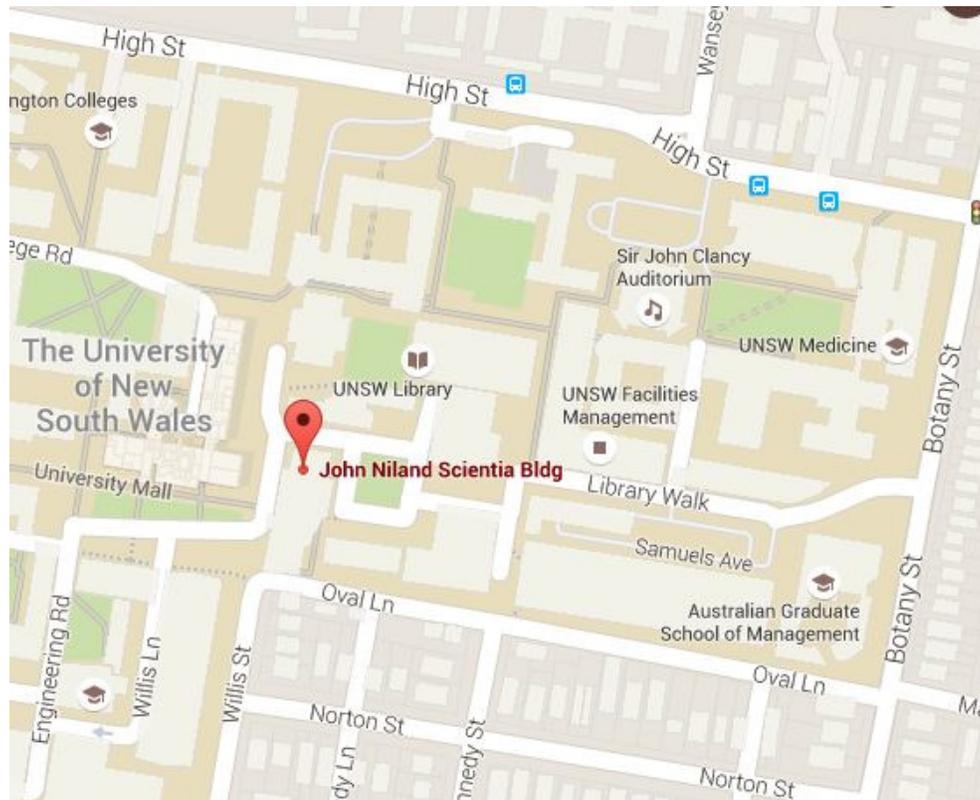
Central Railway



## ***Parking***

The conference will not be during university holidays, so parking is unlikely to be available near the UNSW. A long walk may be required.

## University map



## Welcome

Following on from the first World Delirium Day I am very proud to announce the 1<sup>st</sup> Delirium Masterclass of the Australasian Delirium Association. This will be an incredible opportunity to learn from a true superstar in the delirium firmament, Professor Sharon Inouye from Harvard, as well as hear from an array of sparkling Australian speakers who will highlight important local advances in our knowledge of delirium and improvements in care for people with delirium. We hope that the light we shine on delirium at the Masterclass will illuminate the way forward for the coming years. The previous conferences sold out, so I strongly suggest you do not delay registering.

See you in Sydney

Gideon Caplan  
President and Chair of Organising Committee